



2009 Summer Running Clinic — Emergency Form

Please complete the following form so we can take appropriate action in case of emergency.

All my participating children (first & last names):

Parents' names: _____

Emergency Contact #1:

Name _____

Relationship: _____

Phone: _____

Alternate Phone: _____

Emergency Contact #2:

Name _____

Relationship: _____

Phone: _____

Alternate Phone: _____

Emergency Contact #3:

Name _____

Relationship: _____

Phone: _____

Alternate Phone: _____

Doctor & Hospital: _____

Allergies? Please specify.

I authorize the organizers or coaches involved in the Frassati Runners Summer Running Clinic to request emergency services for any of my participating children, if deemed necessary.

Signed

Date

FRASSATI RUNNERS
Summer Running Clinic

Participant's Name: _____

Waiver of Liability, Assumption of Risk, and Indemnity Agreement

• **Waiver:** In consideration of being permitted to participate in any way in the Frassati Runners Summer Running Clinic hereinafter called "The Activity", I, for myself, my heirs, personal representatives or assigns, **do hereby release, waive, discharge, and covenant not to sue** Frassati Runners, its officers, employees, and agents from liability **from any and all claims, including the negligence** of Frassati Runners, its officers, employees, and agents resulting in personal injury, accidents or illnesses (including death), and property loss arising from, but not limited to, participation in The Activity.

• **Assumption of Risks:** Participation in The Activity carries with it certain inherent risks that cannot be eliminated regardless of the care taken to avoid injuries. The specific risks vary from one activity to another, but the risks range from 1) minor injuries such as scratches, bruises, and sprains 2) major injuries such as eye injury or loss of sight, joint or back injuries, heart attacks, and concussions to 3) catastrophic injuries including paralysis and death.

I have read the previous paragraph and I know, understand, and appreciate these and other risks that are inherent in The Activity. I hereby assert that my participation is voluntary and that I knowingly assume all such risks.

• **Indemnification and Hold Harmless:** I also agree to INDEMNIFY AND HOLD HARMLESS Frassati Runners, its officers, employees, and agents from any and all claims, actions, suits, procedures, costs, expenses, damages and liabilities, including attorney's fees brought as a result of my involvement in The Activity and to reimburse them for any such expenses incurred.

• **Severability:** The undersigned further expressly agrees that the foregoing waiver and assumption of risks agreement is intended to be as broad and inclusive as is permitted by the law of the State of Wisconsin and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

• **Acknowledgment of Understanding:** I have read this waiver of liability, assumption of risk, and indemnity agreement, fully understand its terms, and **understand that I am giving up substantial rights, including my right to sue.** I acknowledge that I am signing the agreement freely and voluntarily, and **intend by my signature to be a complete and unconditional release of all liability** to the greatest extent allowed by law.

Signature of Parent/Guardian of Minor _____

Printed Name: _____

Date: _____